

## Tip of the



Prevention Application Information  
from the Western Center for the Application of  
Prevention Technologies

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### CSAP Model Programs

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Portions of this issue of the "Tip of the CAPT" are from SAMHSA's press release, October 3, 2000.

The Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Prevention (CSAP) recently announced the addition of 11 new model substance abuse prevention programs to CSAP's National Registry of Effective Programs. These effective programs were developed with support from CSAP, other federal agencies, state and local governments, nonprofit organizations or corporations. To become part of the National Registry, a program undergoes an extensive expert consensus review process to examine if it has been implemented under scientifically rigorous conditions and whether it consistently demonstrated beneficial results.

The National Registry now includes a total of 19 effective prevention programs identified by CSAP. The following 11 programs were selected after a thorough scientific review of more than 400 substance prevention programs. Seventy additional programs are currently under review for possible inclusion as Model Programs.

**Project Towards No Tobacco Use (Project TNT)** educates young people about misleading social information about tobacco, and the consequences of tobacco use.

**Keep a Clear Mind (KACM)** helps to modify children's beliefs regarding peer drug use and their ability to resist peer pressure.

**Strengthening Families Program (SFP)** is a family skills training program for children of substance abusing parents that involves the entire family.

**Communities Mobilizing for Change on Alcohol Project (CMCA)** is a community organizing effort designed to reduce access to alcohol by teenagers.

**Project Northland** is a multilevel, multiyear alcohol use prevention program.

**Students Managing Anger and Resolution Together (SMART Team)** is a multimedia software program designed for universal violence prevention.

**Stop Teenage Addiction to Tobacco (STAT)** is an environmental campaign that aims to prevent tobacco use by reducing the availability and sale of tobacco to youths.

**Athletes Training and Learning to Avoid Steroids (ATLAS)** is designed for 9th-12th grade male athletes.

**Project ALERT** is a two-year drug prevention curriculum for middle-school students.

**Reconnecting Youth (RY)** is a school-based prevention program designed to decrease drug involvement, increase school performance, and decrease emotional distress.

**Life Skills Training (LST)** increases students' knowledge of the immediate consequences of substance use while providing them with the necessary skills to resist social or peer pressure.

For more information on the programs listed above, visit CSAP's web site, [www.samhsa.gov/csap/modelprograms](http://www.samhsa.gov/csap/modelprograms), or call (877) 773-8546. An Information Kit is also available from CSAP. It offers fact sheets, or snapshots, of effective prevention programs designed and tested on populations in school, after-school, family, work, rural/frontier, suburban and urban settings.

The six regional CAPTs are funded by the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. For more information on this Tip of the CAPT or other WestCAPT services, please visit our web site: [www.unr.edu/westcapt](http://www.unr.edu/westcapt) or our best practices website: [www.open.org/westcapt](http://www.open.org/westcapt).  
Our toll-free office number is: (888) 734-7476